50TH ANNIVERSARY PNG INDEPENDENCE COOKBOOK RECIPE SUBMISSION

In honour of PNG Golden Jubilee -50 years of Independence -I'm gathering some of our favourite local dishes to share with the next generation. This year theme, "**Celebrate Our History, Inspire Our Future**," says it all.

I'm inviting Papua New Guinean-and expatriates who call PNG home-to share their stories and showcase their best *kaikai*. If you're keen for a cooking session or a chat, lets connect via email Barb (Barb.bradbury59@gmail.com)/WhatsApp # +61 417 613 224 or Rebecca (rpokowos07@gmail.com)/Whatsapp # +675 7195 8216.

Recipe Title:

Name a dish in English and/or Tok Pisin/local language

_____
_____

Ingredients:

List all ingredients with measurements. Include local names if possible.

_____
_____
_____
_____
_____

Preparation Method:

Step-by Step instructions for preparing the dish. *Notes* Any variations or substitute, cooking tips, or cultural significance.

_____
_____
_____
_____
_____

Photo

If possible, include a photo of the dish or preparation process if available.

Cultural Context:

Describe when the dish is traditionally served (festivals, ceremonies, daily meals), any stories or meanings behind it.

Contributor Information:

Name: _____ Village/Region:_____
Contact: (Optional)_____

Short bio or Story: Tell us a bit about your connection to the recipe and some information about the person who made this for you ie their name, place, brief history and why this dish means so much to you.