

Newsletter	Term 4 2025 KPS
Reception	Physical Education This term our Reception students will be continuing through our program called Move Learn Grow. This program consists of specially designed games/tasks to teach and improve students gross/fine motor skills whilst integrating literacy and numeracy into each lesson. The Move Learn Grow program is based on a growing body of evidence that shows the importance of movement and sensory integration in a child's development. In addition to these lessons the students will also have one lesson of PE a week focussing on Gymnastics. This will support them to develop greater movement skills.
Junior Primary	Health This term students will explore how our likes and dislikes shape our identity and others around us. They will learn how to embrace each other's differences and how to celebrate these positively. Physical Education This term students will learn a range of movement skills through gymnastics. Different stations with suitable equipment will allow students to safely learn key techniques such as balance, rotation, jumping and landing.
Middle Primary	Health This term, students will focus on learning how to stay safe and develop healthy habits that support their overall wellbeing. They will explore ways to keep themselves and others safe in different situations, such as being safe around water and protecting themselves from the sun. Students will also learn about the importance of healthy eating and correct dental hygiene.

	Physical Education Term 4 will see students practice a range of movement skills through gymnastics. An arrangement of stations will allow students to safely learn, practice and master key techniques such as balance, rotation, jumping and landing. Technologies – Ms Conway/Mrs Brady In this unit students will, describe how forces and the properties of materials affect function in a product or system. They will learn how different forces and materials influence how products and systems work. Explore how parts of a system are connected and work together by looking at examples of engineered designs.
Upper Primary	Health In this unit students will investigate self-regulation and friendships. Students will explore what contributes to their wellbeing and strategies to promote positive relationships, goals and changes. As part of this learning, students will examine strategies to promote positive and respectful relationships with others. They will learn how to communicate effectively, resolve conflicts, and show empathy and kindness in their interactions. Additionally, students will set personal goals and identify ways to adapt to change, preparing them to navigate challenges and transitions Physical Education Term 4 will see students refine their movement skills through gymnastics. They will focus on mastering different skills through, balance, rotation, jumping and landing techniques. These skills will help teach lifelong movement skills that can be used in everyday tasks.