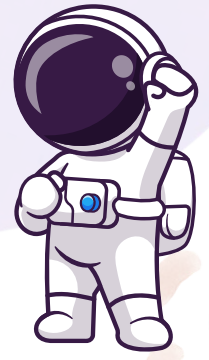


# FORTNIGHTLY PROGRAM



20/4/26 - 27/4/26

## Growth and Our Impact

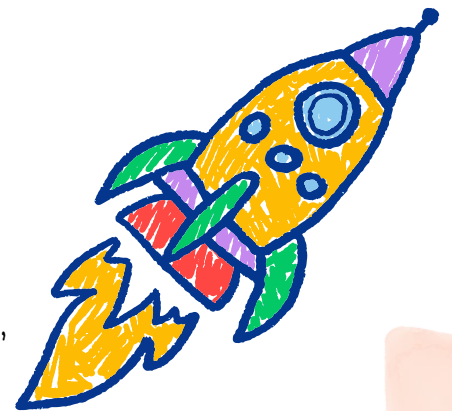
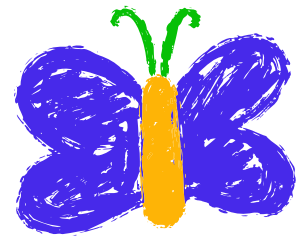
**Aim:** This fortnight at OSHC, we are focusing on supporting children to reflect on their growth and recognise the impact they have on themselves, others, and their environment. As we begin a new term, children will explore goal-setting, resilience, responsibility, and positive change through a range of creative, social, and inquiry-based experiences. These opportunities will empower children to develop confidence, build independence, and contribute meaningfully to our OSHC community.

**Creative arts:** Creative experiences allow children to express identity, explore growth, and engage in hands-on, meaningful creation.

- **Glow-Up Self Portraits:** Children create a “before and after” version of themselves using mixed media (drawing, collage, craft materials) to represent their growth, strengths, and goals
- **Resilience Graffiti Wall:** A large collaborative art space where children spray (chalk spray/paint), draw, or write powerful phrases like “I kept trying”, “I didn’t give up”, “I’m improving”
- **Build Your Future Self (3D Creations):** Using recycled materials, LEGO, or craft supplies, children design a model of their “future self” (e.g., athlete, artist, helper, leader)
- **Emotion-to-Art Creations:** Children choose an emotion they’ve experienced when learning something new (frustration, pride, excitement) and express it through colour, texture, and abstract art
- **Collaborative “Growth Mural”:** A large ongoing artwork where children continuously add drawings, symbols, and ideas showing how they are growing as individuals and as a group

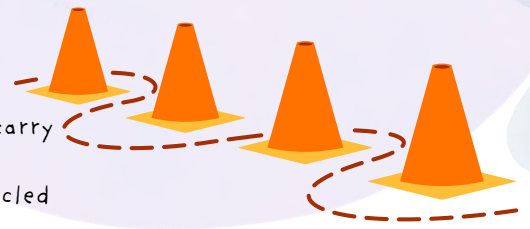
**Indoor Experiences:** Indoor spaces provide opportunities for challenge, creativity, and collaborative problem-solving.

- **“Minute to Win It” Challenge Station:** Fast-paced challenges (stacking, balancing, building, memory tasks) where children practise persistence and improving their score
- **Escape Room: Growth Edition:** Small groups solve clues and challenges related to teamwork, problem-solving, and resilience to “unlock” the final goal
- **Mystery Challenge Boxes:** Sealed boxes with random materials (e.g., cups, string, tape, paper) where children must create something functional (bridge, tower, tool)
- **Choice-Based Creation Stations:** Multiple open-ended stations (art, construction, writing, design) where children independently choose how they want to explore “growth”
- **“Teach the Group” Sessions:** Children lead mini workshops teaching a skill (drawing, game, trick, craft), building confidence and leadership
- **Problem-Solving Hub:** Real-life OSHC challenges presented (e.g., “How can we make pack-up faster?” “How can we include everyone?”) with children designing solutions
- **Strategy Games Corner:** Chess, Uno tournaments, logic games — focusing on thinking ahead, patience, and improving over time



**Outdoor Experiences:** Outdoor play encourages teamwork, resilience, and connection to the environment.

- Eco Obstacle Course: Complete nature-themed challenges (balance, crawl, carry “water”, sort “waste”)
- Survival Team Challenge: Groups complete tasks using limited natural/recycled materials
- Earth Protectors Game: Tag-style game where children “save” the environment (collect recycling, protect spaces)
- Nature Change Detectives: Spot and record seasonal/environmental changes around OSHC



**Language & Literacy:** Supports reflection, communication, and expressing ideas about growth and the environment.

- Eco Pledge Cards: “One thing I will do to help the Earth...”
- Mini Book Creations: “How I can make a difference”
- Reflection Wall: Quick prompts like “Today I helped by...”
- Group Story Creation: Build a story about saving the planet together



**STEM:** Hands-on exploration of sustainability, problem-solving, and real-world thinking.

- Recycling Engineering Challenge: Build something useful from recycled materials
- Clean-Up Challenge Audit: Sort and analyse waste collected at OSHC
- Water Saving Experiment: Explore how to reduce water use
- Build a Sustainable Space: Design an eco-friendly OSHC model

**Nature and Living Things:** Deepens responsibility, care, and connection to the natural world.

- Earth Day Garden Project: Plant, maintain, and improve garden spaces
- Adopt-a-Space: Small groups care for a specific outdoor area
- Compost Exploration: Learn what can/can't break down
- Mindfulness in Nature: Quiet observation, listening, and reflection outdoors



**Group Chat (Theme-Related Discussions):** Encourages critical thinking and shared responsibility. How can we help the Earth at OSHC? What happens if we don't look after the environment? What small changes can make a big difference? How can we work together to protect our space?

**Current Event from Around the World: Wed 22nd April Earth Day** Children explore the importance of protecting our planet and taking action in everyday ways.

- Eco Pledge Wall: Children commit to helping the Earth
- Clean-Up Mission: Work together to improve the OSHC environment
- Recycled Art Creations: Turning waste into something meaningful
- Energy Savers Challenge: Turning off lights, saving resources



**Creating Conversations (Cultural & Indigenous Perspectives):** Children explore how caring for the Earth connects to respect, responsibility, and community.

- Discuss caring for Country as ongoing responsibility
- Reflect on how we show respect to land and nature
- Focus on learning, listening, and taking action



## Framework Connections – My Time, Our Place

This program supports children's learning and development through intentional experiences that promote growth, responsibility, and active contribution to their world.

### **Outcome 1: Children have a strong sense of identity**

Children develop confidence in who they are and who they are becoming. Through goal-setting, reflection, and creative expression, children are supported to recognise their strengths, embrace challenges, and build a positive sense of self. Opportunities to share ideas and lead experiences further strengthen their confidence and sense of belonging within the OSHC community.

### **Outcome 2: Children are connected with and contribute to their world**

Children are encouraged to take responsibility for their environment and understand the impact of their actions. Through Earth Day initiatives, sustainability projects, and collaborative experiences, children actively contribute to caring for their space, each other, and the wider world. They develop an understanding of fairness, respect, and shared responsibility.

### **Outcome 3: Children have a strong sense of wellbeing**

Experiences are designed to build resilience, persistence, and emotional regulation. Through challenges, teamwork, and reflection, children learn how to respond to difficulties, manage emotions, and celebrate progress. Outdoor play and mindfulness in nature further support physical and emotional wellbeing.

### **Outcome 4: Children are confident and involved learners**

Children engage in inquiry-based learning through problem-solving, experimentation, and hands-on exploration. STEM challenges, environmental investigations, and open-ended experiences encourage curiosity, critical thinking, and creativity. Children are supported to take risks in their learning and view mistakes as part of the growth process.

### **Outcome 5: Children are effective communicators**

Children are provided with meaningful opportunities to express their ideas, reflect on their experiences, and collaborate with others. Group discussions, storytelling, and creative projects support children to develop confidence in communication, active listening skills, and the ability to share perspectives respectfully.

