



Primary Athletics Rules & Conditions & Program of Events

1. ENTRIES

Entries: Zones are eligible to enter:

- a) three (3) entries in 100m, 200m and relay events.
- b) two (2) entries in 800m events.
- c) up to two (2) entries in 1500m events. Athletes who place first (1st) in a zone 1500m event gain automatic entry. Zones may enter athletes who place second (2nd) in a 1500m event *if they reach the qualifying standard*.
- d) up to two (2) entries in each field event. Athletes who place first (1st) in a zone field event gain automatic entry. Zones may enter athletes who place second (2nd) in a field event *if they reach the qualifying standard*.

Additional entries will be considered only in cases of exceptional circumstances and received by the Association Executive Officer by 5.00pm two weeks prior to the championships.

2.1 SECTIONS

- a) The meeting shall be conducted in sections for boys and girls.

* 12/13 Years: - 12/13 Years children are those who attain the age of 12 or 13 in the year of competition.

* 11 Years: - 11 Years children are those who attain the age of 11 in the year of competition.

* Junior: - Junior children are those who attain the age of 8, 9 or 10 in the year of competition.

- b) A competitor whose significant birthday occurs during the current year is eligible for that age event only.

2.2 SECTIONS – ATHLETES IN MULTI CLASS EVENTS

a) Track and field events are offered to athletes in Multi Class events in two age groups.

Junior: 8 years, 9 years, 10 years

Senior: 11 Years, 12 years, 13 years

A competitor whose significant birthday occurs during the current year is eligible for that event only.

b) Entries for athletes in Multi Class events must be processed and submitted by their school sport zones.

c) Events for athletes in Multi Class events, conducted in boys divisions and girls divisions, are:

Track - 100m: Junior, Senior; 200m: Junior, Senior; 800m: Junior, Senior

Field - Long Jump: Junior, Senior; Shot Put: Junior, Senior; Discus: Junior, Senior

d) Each athlete in Multi Class events must have current classification documentation for their disability category in order to compete at the SSWPSSA Athletics Championships and to proceed to the NSWPSA Athletics Championships. This documentation must be forwarded to the Association Executive Officer and Convener 14 days prior to the commencement of the Association championships.

The verification of classifications will be done against the Athletics Australia Classification Masterlist and in conjunction with the Australian Paralympic Committee, Sports Inclusion Australia, Transplant Australia and Deaf Sports Australia. More information about the classification process can be found at:

<https://app.education.nsw.gov.au/sport/disabilities/CLASSIFICATION>

Classification categories are as follows: Intellectual, Physical, Vision, Transplant, Hearing.

Athletes who do not have a classification prior to competition and fail to meet this requirement will be ineligible to compete at the SSWPSSA Athletics Championships.

e) Placings for athletes in Multi Class events will be determined using the Athletics Australia Multi Disability Standards (MDS). Each athlete's performance will be compared to the MDS for their respective classification to determine a percentage. All results in each Multi Class event will be converted to a percentage and the largest percentage wins, second largest second etc.

3. REFEREE

Rules to be observed shall be in accordance with the World Athletics Technical Rules except where stated otherwise. The referee shall be sole arbiter in points under dispute.

4. PROTESTS

No protest shall be considered unless a written protest is lodged at the announcer's box by the Zone Team Manager within 20 minutes of the conclusion of the event. Protests shall be dealt with by the Athletics Committee in consultation with the referee.

5. COACHING

Parents, coaches and unauthorised persons are not allowed on the ground. Once competitors are in the hands of officials controlling the event, they shall not receive any coaching or advice. Penalty is disqualification of the competitor at the discretion of the referee.

6. MARSHALLING

Competitors must report to the marshals immediately after the first call. Failure to report after two calls means the competitors may be eliminated.

7. PRIORITIES

If a competitor is entered in several events which run concurrently, he/she must give priority to a track event, then high jump, then long jump, then shot put events and discus events.

8. STARTING ORDER

a) 100m, 200m & Relays: Competitors may use a standing start or a crouch start in 100m, 200m and relay events. Competitors may use the starting blocks provided. The toes of both feet must be in contact with the ground. Competitors must stand behind the mark until called to move up by the starter. Hands must be behind the mark. The orders given by the starter shall be: On your mark, set, then the gun. **NOTE: Rules about the use of starting blocks may change at venue management's discretion.

b) 800m & 1500m: Competitors must use a standing start in 800m and 1500m events. Competitors must stand behind the mark until called to move up by the starter. The orders given by the starter shall be – on your mark, then the gun.

** NOTE: the use of spikes is not permitted in 800m and 1500m events.

9. FALSE STARTS

Any athlete making a false start shall be warned. Any athlete(s) making further false starts in the race shall be disqualified from the race. If the disqualification is in the heat, the athlete will be advised of their disqualification but allowed to complete the race

10. Competitors are to leave the arena immediately after their event.

11. CIRCULAR RELAY

a) Relays shall be run on a circular track (4x100m). A team shall consist of four (4) runners from the same school and a baton shall be carried in hand. Batons will be supplied.

b) The baton shall be passed within the takeover zone. The takeover zone shall be 30 metres long. Receiving athletes must start within the zone and have full control of the baton when leaving the zone. All runners must remain in their allotted lane until all teams are clear of the takeover zone.

c) If the baton is dropped, it shall be recovered by the athlete who dropped it. If it drops out of the team's lane, the athlete may leave the lane to retrieve it provided they don't lessen the distance covered and no other athlete is impeded.

d) Failure to keep to the allotted lane or change the baton in the takeover zone will be reported to the referee for a decision.

12. LONG JUMP

Each competitor shall have three (3) qualifying jumps in rotation. The leading 8 qualifiers shall have one more jump. Placings are then decided according to the best jump of each competitor. In the event of a tie, the relative placings shall be decided by the next best effort in the count back.

13. SHOT PUT

Each competitor has three (3) throws in rotation. The leading 8 qualifiers shall have another throw. Placings are then decided according to the best throw of each competitor. In the event of a tie, the relative placings shall be decided by the next best effort in the count back. Competitors shall use the equipment supplied by the Association: 3kg shot for 12/13 Years; 2 kg shot for 11 Years and Juniors.

14. HIGH JUMP

a) Competitors may have three (3) attempts in rotation of each height. Three (3) successive failures at any height shall exclude the competitor from further jumping except in the case of a tie for first place.

b) The period allowed for a trial shall be: more than 3 competitors – 30 seconds, 2 or 3 competitors – 1.5 minutes, 1 competitor – 3 minutes. Consecutive trials – 2 minutes.

c) If an athlete returns from another event, re-entry shall be at the existing bar height.

d) In the event of a tie, the best recorded jump on count back, in accordance with World Athletics Technical Rule 26.8, shall decide the place winners.

e) Bar rises shall be 5cm until a maximum of six (6) competitors remain, then 3cm. If the field comprises of less than eight (8) competitors, the increments are at the decision of

the Chief Judge in consultation with the Field Referee. Unless there is one (1) athlete remaining and he/she has won the competition, the bar shall never be raised by less than 2cm. After an athlete has won the competition, the height or heights to which the bar is raised shall be decided by the athlete, in conjunction with the Chief Judge or Field Referee.

15. DISCUS

Each competitor has three (3) throws in rotation. The leading 8 qualifiers shall have another throw. Placings are then decided according to the best throw of each competitor. In the event of a tie, the placings shall be decided by the next best effort in the count back. Competitors shall use the equipment supplied by the Association:

500g discus for Juniors; 750g discus for 11 Years and 12/13 Years.

16. QUALIFYING DISTANCES/HEIGHTS/TIMES

These will be determined by the Convener each year. In 2023, the qualifying standards shall be:

		BOYS	GIRLS
Shot Put	12/13 Years	7.50m	7.00m
	11 Years	9.00m	8.00 m
	Junior	6.50m	6.00m
Long Jump	12/13 Years	4.00m	3.80m
	11 Years	3.80m	3.60m
	Junior	3.60m	3.40m
High Jump	12/13 Years	1.30m	1.25m
	11 Years	1.25m	1.20m
	Junior	1.12m	1.12m
Discus	All Age Groups	20.00m	15.00m
1500m	12/13 Years	6.00.00 mins	6.15.00 mins
	11 Years	6.15.00 mins	6.30.00 mins
	Junior	6.30.00 mins	6.45.00 mins

17. FINALISTS

a) 100 metre events: First three (3) in each heat plus the next fastest time will contest the final.

b) 200 metre and relay events: First in each heat plus the next fastest times will contest the final

18. CHAMPION ZONE

The Zone gaining the highest total of points throughout the meet shall be declared the Champion Zone.

19. CHAMPION SCHOOL

The school gaining the highest total of points throughout the meet shall be declared the Champion School.

20. ASSOCIATION TEAM

The Sydney South West Association team will be selected from the results of this championship and will contest the NSWPSA Athletics Championship.

22. CERTIFICATES

Certificates will be presented to 1st, 2nd, and 3rd placegetters in a final.

23. WET WEATHER

Due to the synthetic nature of the athletics track and the availability of shelter, the championship can proceed in the event of wet weather. Notification of any postponement of the championship will occur through the competitors' schools, school sport website and Facebook page.

SSWPSSA ATHLETICS PROGRAM - 2023**TRACK EVENTS ** First Call – 8am ******FIELD EVENTS ** First Call – 8am ****

8.10 am (Finals)	Boys Jnr Multi Class 800m	Girls Jnr Multi Class 800m	8.30 am	High Jump	Boys 11 years	Girls 11 years
	Boys Snr Multi Class 800m	Girls Snr Multi Class 800m		Long Jump	Boys Junior	Girls Junior
8.20 am (Finals)	Boys Junior 800m	Girls Junior 800m	9.30 am	High Jump	Boys Junior	Girls Junior
	Boys 11 yrs 800m	Girls 11 yrs 800m	10.00 am	Long Jump	Boys 12/13 yrs	Girls 12/13 yrs
	Boys 12/13 yrs 800m	Girls 12/13 yrs 800m	11.00 am	High Jump	Boys 12/13 yrs	Girls 12/13 yrs
9.00 am (T/Finals)	Boys Jnr Multi Class 200m	Girls Jnr Multi Class 200m		Long Jump	Boys 11 yrs	Girls 11 yrs
	Boys Snr Multi Class 200m	Girls Snr Multi Class 200m	12.00 pm	Long Jump	Boys Jnr M/C	Girls Jnr M/C
9.10am (Heats)	Boys Junior 200m	Girls Junior 200m		Long Jump	Boys Snr M/C	Girls Snr M/C
	Boys 11 yrs 200m	Girls 11 yrs 200m	** <u>Note:</u> M/C = Multi Class events <i>T/Finals – Timed Finals</i>			
	Boys 12/13 yrs 200m	Girls 12/13 yrs 200m				
10.10am (T/Finals)	Boys Jnr Multi Class 200m	Girls Jnr Multi Class 200m				
	Boys Snr Multi Class 200m	Girls Snr Multi Class 200m	**Shot Put will start at 8.00am with the 11 Years Girls, and will proceed until all divisions are completed. There will be no set order for Shot Put and competitors will need to listen carefully for their called event. Please Note: Track events take PRECEDENCE		**Discus will start at 8.00am with the 12/13 Years Girls, and will proceed until all divisions are completed. There will be no set order for Discus and competitors will need to listen carefully for their called event. Please Note: Track events take PRECEDENCE	
10.20am (Heats)	Boys 8 yrs 100m	Girls 8 yrs 100m				
	Boys 9 yrs 100m	Girls 9 yrs 100m				
	Boys 10 yrs 100m	Girls 10 yrs 100m				
	Boys 11 yrs 100m	Girls 11 yrs 100m				
	Boys 12 yrs 100m	Girls 12 yrs 100m				

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	Boys 13 yrs 100m	Girls 13 yrs 100m		
11.25am (T/Finals)	Boys Small Schools Relay	Girls Small Schools Relay		
	Boys Junior 4 x 100m Relay	Girls Junior 4 x 100m Relay		
	Boys Senior 4 x 100m Relay	Girls Senior 4 x 100m Relay		
LUNCH				
1.00pm (Finals)	Boys Junior 200m	Girls Junior 200m		
	Boys 11 yrs 200m	Girls 11 yrs 200m		
	Boys 12/13 yrs 200m	Girls 12/13 yrs 200m		
1.20pm (Finals)	Boys 8 yrs 100m	Girls 8 yrs 100m		
	Boys 9 yrs 100m	Girls 9 yrs 100m		
	Boys 10 yrs 100m	Girls 10 yrs 100m		
	Boys 11 yrs 100m	Girls 11 yrs 100m		
	Boys 12 yrs 100m	Girls 12 yrs 100m		
	Boys 13 yrs 100m	Girls 13 yrs 100m		
1.40 pm (Finals)	Boys Junior 1500m	Girls Junior 1500m		
	Boys 11 yrs 1500m	Girls 11 yrs 1500m		
	Boys 12/13 yrs 1500m	Girls 12/13 yrs 1500m		

***** The Conveners reserve the right to alter this program order of events and approximate event start times should they consider it necessary.***