



BEAUDESERT STATE SCHOOL

16th April 2024



Dear Parent/Carer,

This term, year 5 and 6 students will be involved in a relationship and sexuality education program run collaboratively with True Relationships & Reproductive Health and the classroom teachers.

The many benefits of relationship and sexuality education include supporting the development of a healthy self-esteem, a positive attitude towards sexuality, information to care for bodies and the development of skills to make healthy decisions.

The best way for children to learn about sexuality is by receiving small amounts of age appropriate, factual information from parents/carers and teachers in a gradual and ongoing process.

True recognises that you are the primary sexuality educator of your child. Parents/Carers and schools can work together to encourage healthy behaviours and attitudes about sexuality & bodies. The following information may be useful to start discussions with your child, so that you have the opportunity to reinforce appropriate behaviours, new skills and discuss your family's values, attitudes and beliefs about these topics.

In line with the national HPE curriculum, True will be delivering sessions on protective behaviours. The information will include

Year 5

- Body parts – names and functions
- Body changes – physical, social and emotional changes of puberty
- Reproduction and pregnancy
- Healthy relationships
- Self-Protection, assertive behaviour and how to ask for help
- Media & body image
- Peer pressure

Year 6

- Body parts – names and functions
- Body changes – physical, social and emotional changes of puberty
- Reproduction and pregnancy
- Healthy relationships
- Decision making
- How to find accurate information on bodies

Each child will receive a leaflet outlining the information that they learned in class, allowing families to continue conversations at home.

If you have any concerns about your child participating in the programme you can contact Nicole Inder on 55401111.

If you would like further information on communicating with your child about sexuality or about these sessions, please contact True on 3250 0256 or gcoastedu@true.org.au.

Yours faithfully,

Alisa Anderson

Nicole Inder

Angela Chant

True Educator

Head of Special Education Services

Principal