



Lithgow Go4Fun

Day: Tuesdays in Term 1, 2025

Dates: 11 February to 8 April

Time: 4pm to 6pm

Location: Wallerawang Indoor Sport and Recreation Centre (77 Barton Ave, Wallerawang NSW 2845. **Located in:** Wallerawang Public School)



To register:

- **Visit:** go4fun.com.au
- **Call:** 1800 780 900
- **SMS:** 0409 745 645
for a call back

Go4Fun is a free program for kids aged 7-13 and their families looking for support with healthy eating, physical activity and overall wellbeing

Fun prizes, weekly fun based games and spend quality time together and learn fun ways to create healthy habits – for life

Interpreter support available

Afternoon tea provided

A parent or carer is required to attend each session



What happens at **Go4Fun** programs?



Play fun games
and activities



Build self
confidence



Manage
screen time



Make new
friends



Get active
and have fun



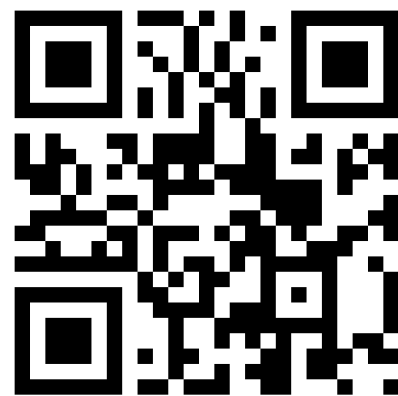
Go on a
supermarket tour



Whole of family
approach



Learn about
healthy eating for
kids and family



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