

1 2 3 Magic! Parenting Sessions

September
2025

WITH REFRESHMENTS!



Join us for our engaging **1-2-3 Magic & Emotion Coaching sessions** – an evidence based program helping parents and carers manage challenging behaviours in children aged 2–12.

Learn **practical strategies** and parenting skills!

All sessions conclude with a **relaxing 15-minute yoga segment.**

Suitable for all experience levels to support your wellbeing and build confident parenting habits.

Time: 9:30am - 11:30am

Venue: Punchbowl Public School

1333 Canterbury Rd, Punchbowl NSW 2196, Australia

15th Sep

22nd Sep

23rd Sep

Call [0439 487 865](tel:0439487865)

Email:

asenati.mareko@det.nsw.edu.au,

OR) Scan the QR code

