

# Circle of Security Parenting

Tuesdays 16 May – 27 June 2023,  
10.30am–12.30pm  
The Family Centre, Ballina



Circle of Security® Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened. It is a relationship based early intervention program designed to enhance attachment security between parents and children aged 0-12 years old. Having a secure relationship with your children is about learning from mistakes rather than striving to get it right. Circle of Security Parenting gives parents and caregivers the roadmap to creating a relationship that will benefit their child for their whole life. 7 x 2hour sessions.

Find out more call  
(02) 6686 4109 or email  
[info@thefamilycentre.org.au](mailto:info@thefamilycentre.org.au)

 the  
family  
centre